

Neuro Oncology Discharge Information

NHS Direct

Telephone Helpline: 0845 4647 or visit:
www.nhsdirect.nhs.uk

Social Services

Your GP or District Nurse may be able to arrange this service. Alternatively contact your local Social Services department. Social Services can provide help with personal care, household chores and any adaptations. Depending on your circumstances there may be a charge for services.

Financial Advice

The Neuro Oncology Nurses may be able to provide you with a contact Welfare Benefits Advisor.

Alternatively you could contact:

- F.A.I.R (Fazakerley Advice & Information Resource) on 0151 525 5051
- Local Citizens Advice Bureau
- Local Social Service
- Macmillan Helpline

Drivers Medical Group

DVLA, Swansea, SA99 1TU
Telephone: 0870 600 0301
Monday-Friday, 8.00am—5.30pm
Saturday 8.00am—1.00pm or visit:
www.dvla.gov.uk

Further information & support resources

Cancerbacup

Freephone—0808 800 1234
Monday—Friday 9.00am—8.00pm or visit:
www.cancerbacup.org.uk

Brain & Spine Foundation

Helpline—0808 800 1000
Monday—Friday 9.00am—1.00pm
Wednesday—10.00am—6.00pm
Or visit: www.brainandspine.org.uk

ABTA (American Brain Tumour Association)

<http://hope.abta.org>

Macmillan Cancer Line

080 808 2020
Monday—Friday 9.00am—6.00pm
Or visit: www.macmillan.org.uk

British Brain Tumour Association

0151 298 2999
Or visit <http://glaxocentre.merseyside.org>

Disclaimer:

The Walton Centre has no control over the content of the above resources. Inclusion does not imply endorsement.

Neuro Oncology Discharge Information

**This is a basic information
leaflet to provide you with
some advice that you may
find useful upon your
discharge**

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Neuro Oncology Discharge Information

Your Medication

You will be given medication to take home with you. There are instructions on the packaging explaining what dose to take and how often.

Please inform nursing/medical staff prior to discharge if you feel you may have difficulty taking your medication. **Please do not stop taking your medication unless advised to do so by your GP or Consultant.**

Results

If you are awaiting any formal results e.g. biopsy results, please contact 0151 525 3611 and ask to speak to your Consultant's secretary to arrange a time and place to be spoken to.

Returning to work

This will depend on your overall condition and the type of job that you have.

If you are going to have further treatment i.e. Radiotherapy and/or chemotherapy it may be advisable to stay off work until you finish this treatment.

You should discuss this further with your GP or Oncologist

Driving

It is a legal requirement that you inform the DVLA if you have had brain surgery. In many cases you will not be allowed to drive for a set period of time. The DVLA will inform you of this. See under Other Useful Contacts.

Why is this?

Restrictions to driving are applied because of a known risk of epilepsy (fits) following neuro surgery and due to the tumour itself.

Epilepsy information leaflets are available at the information desk, ground floor, The Walton Centre or see useful contacts section below.

Useful contacts

If you have any concerns immediately following discharge, please call 0151 525 3611 and ask for the appropriate ward.

For general enquiries/advice, you should contact:

- **Consultant Neurosurgeon's secretary**, via the telephone number above, Monday-Friday 9.00am—5.00pm
- **Clatterbridge Centre for Oncology** 0151 334 1155 and ask for relevant Consultant's secretary Monday—Friday 9.00am-5.00pm

Outside of these hours please contact your GP, NHS Direct or your local A&E Department if your concern is of an urgent nature

For Advice & Support

Contact: Helen Parton, Neuro Oncology Nurse Specialist or Jeanette Clayton, Associate Nurse Specialist

On either 0151 529 5648 or 07973 799 324 Tuesday—Friday 9.00am—5.00pm (See also Neuro Oncology Specialist Nurse leaflet)

An answer machine is available and your calls will be returned.

Other useful contacts

District Nurses

A referral may have been completed by ward staff. If you do not hear from the District Nurses, you can contact them through your GP.

District Nurses are able to remove sutures or clips and provide wound care. They can help provide symptom control for e.g. pain or diabetes and can provide support, advice and help organise any care needs.

Macmillan Nurses

You can access through your GP, District Nurse or via the Neuro Oncology Nurses. Macmillan Nurses can help provide symptom control and help with emotional & psychological needs.