## **DO YOU HAVE A NEUROLOGICAL CONDITION?**

An exciting partnership project led by the Neuro Therapy Centre, with Greenbank Sports Academy, Brio Leisure and The Walton Centre, funded by the Community Fund.

Over 3 years, activities will be available throughout Cheshire and Merseyside to improve the health and wellbeing of people living with a neurological condition.

Activities will support fitness, strength/mobility. and wellbeing through tailored services covering exercise, physiotherapy and counselling support, all offered by experienced, trained professionals.

- Wide choice of sessions throughout the region including online options which can be accessed from home.
- **Opportunity to try out new** technology which has supported people with similar conditions - Ask about this opportunity.
- Be part of research which will support increased provision.





## Sheffield Hallam University

NHS **The Walton Centre NHS Foundation Trust** 





ESS to WELLBEING

ESS to

Sessions delivered by the Neuro Therapy Centre are supported by donations following membership, price varies for sessions delivered by Greenbank Sports Academy and Brio Leisure.

Find out more and register your interest:

**Neuro Therapy Centre** 

Scan the QR code to

webpage or contact

Exercise and Wellbeing

visit our Access to

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us via the details below.





www.neurotherapycentre.org

